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February is Peace Building and Conflict Prevention Month.

## Love You Zindagi – A Musical Evening Program - -Hon. Sec. Rtn. Kundan Shah

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**SGT. AT ARMS :**  
MRUNAL KOTHARI  
UMANG DALAL  
MEGHAL BAXI

**DT:** 4<sup>th</sup> Feb,2023

**Time :** 9.00 P.M.

**Venue :** Shree SanjivKumar auditorium, Pal, Surat.

'Love You Zindagi club ' had organised a public event of musical program. Love you Zindagi club is a very good initiative by our PP Rtn. Nikhil Madrasi. Members of RC Surat were also invited. It was sponsored by IDFC First bank. Rotarians and Rotary partners had joined in large numbers. Everyone gathered the venue around 9.00 p.m. The program started around 9.15 p.m. The whole program was compered by ' Tarak Mehta ka Ulta Chasma ' fame Nitin Desai.

In the beginning of program PP Rtn. Nikhilbhai announced that through out the year twelve different types of program will be served to entertain the Love you Zindagi club members in the field of music, drama, Literature, Fitness, Dance, Comedy show, festival celebration and sports.

The musical night was dedicated to four legendary singers Lataji, Mukesh, Mohmmad Rafi and Kishor Kumar from the film Industry.

The singers joined from the Ahemdabad and Mumbai were Rajesh Ayer, Govind Mishra, Nilesh Brahmabhatt and Priyanka Basu.

The musicians team was the famous Jaydeep Shah and group from Surat.

All the singers had kept their look like original singer and their voice was also identical to the original singer. Starting with the ' Jo tumko ho pasand ', 'Mera pyar bhi tu hai', 'Hawa ke sath sath', 'Mein na bhulungi', 'Mera juta hai japani', 'Aawara hun', 'Pal pal Dil ke paas', 'Chhu kar mere man ko', 'Ek pyar ka nagma hai', 'Ramaiya vasta vaiya' and lot many retro famous songs on public demand were played.

All the songs were so wonderful that no one wanted to leave their seat even for a single moment. It lasts for almost three hours without any break.

It was a mesmerizing musical night and the audience had enjoyed it to the fullest.



We meet at 7.30 pm  
on Every Friday at  
Club Office Address

## LEARNING AND DEVELOPMENT - *By PP. Rtn. Kamal Gandhi*

The existence and evolution of all life on our beautiful planet is a process which has been going on for thousands of years and the driving factor is none other than LEARNING & DEVELOPMENT.

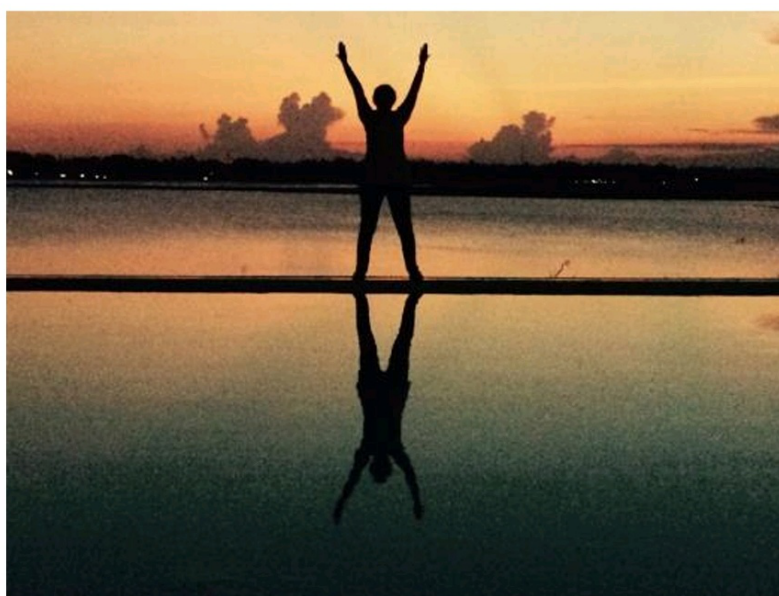
The basic types of learning are Visual, Auditory, Read/Write and Kinaesthetic. All animals use their sensory organs and muscles to learn and develop skills to grow and survive. It is this universal phenomenon which has been in existence from the time when life began on our planet.

As humans we have developed a better understanding of our surroundings through learning from varied options of exploration. A new born child starts learning from day one by instinct to feed itself and as it grows it starts using its various sensory organs to learn about its surrounding and then developing skills of speech, movement, recognition, emotion. As it grows and goes to school it learns language, knowledge, numbers and last but not the least moral and spiritual. The learning process has started resulting into developing skills of communication, understanding the environ both in the surroundings and beyond, and the utility of the knowledge acquired in dealing with day-to-day activities of science and technology, commerce and humanities. It is necessary to understand the various modes and methods of learning. Learning by intuition or instinct. This does not require thinking but the built in system of humans allows them to act. This helps in getting experience which again is a mode of learning leading to development. Learning by study. The knowledge acquired by study leads to experimenting. Again, experimenting will define a growth trajectory guided by success or failure. The modern day humans have explored the space beyond the earth through experimenting and facing a number of failures and improving the technology to reach the moon and Mars for exploration.

The development of present times health and medical treatments have come from relentless study, experimenting and exploring beyond human understanding. The development of mode of communication physical, audio and visual is an outcome of relentless learning, experimenting and implementing.

Learning by experience as said earlier is assessing success and failures and thereby developing new vistas. Learning by meditating. Meditation is one mode which is probably least explored. I have a feeling that the future is about going within to realise our inner strength which would make the current technology of physical movement, communication and all other scientific innovations irrelevant. Probably we will learn to travel in time and space to break all the present barriers.

This spiritual upliftment would be the final development of humanity.





28 January 2023 Saturday, Rtn. Dipak and Rtn. Purnima Gandhi sponsored yummy meals to 40 kids at Pal Aanganwadi. Rtn. Jagruti Gandhi and Rtn. Purnima Gandhi along with Freny Gandhi coordinated the aaganwadi snacks arrangements. Every week the little hearts enjoys cheerfully on Saturday. It's always a moment of deep satisfaction for sponsors of happy meals, as the children relish it happily, thanking the Rotary Club members through their non-verbal gestures and awaiting the next Saturday to come eagerly.

One can feel the happiness which cannot be revealed in words but surely can be felt while being present at Aaganwadi. This feeding programme has created an undefined bonding between the children of Aanganwadi and Our Club members.

Our club acknowledges Rtn. Jagruti Gandhi and Rtn. Purnima Gandhi for coordinating the functioning of this weekly Aanganwadi smoothly.

### HUMF 'Warmth N Care'



Addressing the 'Maternal and Child Health', every month our club with contribution of its members distribute healthy nutritious food to Expecting Mothers of needy and underprivileged section of the society at Pal Awaas. These mothers are taught exercises, explained the importance of healthy diet and other tips they need to follow for their health betterment so that they can give birth to a healthy child.

02 February 2023, Thursday Rtn. Chandresh Sheth and R/P. Ila Sheth sponsored the healthy food kits for a month to 13 expecting mothers. Rtn. Jagruti Gandhi and Rtn. Purnima Gandhi accompanied and organized the distribution of kits.

Healthcare session was conducted by Physiotherapists from Shree. Bhartimaiya Physiotherapy College. Dr.Ruchi Mishra, Dr. Krishna Variyavwala, Dr. Avni Mahida, Dr. Dharmishta Rakholiya and Dr. Namrata Jain took the session and taught them mild soothing exercises. Our Club thanks and express gratitude to Rtn. Jagruti Gandhi and Rtn. Purnima Gandhi for coordinating and volunteering the HUMF every month. Our club also thank Rtn. Dr. Neeta Gandhi for coordinating with physiotherapists' team from College.



## Upcoming Programs February'2023

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- 10 Feb (Fri) Weekly Meeting - Yahaan Se Kahaan - Analysis of financial market by Rohan Mehta
- 11 Feb (Sat) Healthy food distribution at Pal Aanganwadi sponsored by PP Rtn. Bhupendra Jariwala
- 12 Feb (Sun) Chess tournament for Handicap
- 17 Feb (Fri) Weekly Meeting Khatti Mithi Yaadein by actor Kukul Tarmaster
- 18 Feb (Sat) Healthy food distribution at Pal Aanganwadi sponsored by Rtn. Purnimaben Gandhi
- 24 Feb (Fri) Weekly Meeting - Felicitation of DGND Amardeepsingh Bunet and Senior Rotarians
- 25 Feb (Sat) Healthy food distribution at Pal Aanganwadi

**Rotary Club Of Valsad**  
Rotary greetings from host team of District sports event

**DISTRICT-3060 SPORTS EVENT**  
**4th & 5th March 2023**  
**@ Valsad**

Rtn. Shrikant Indani  
District Governor 3060

Rtn. Harish Kothari  
District Sports Chair

**Registration Amount**  
 WITH ACCOMMODATION  
**2600/-**  
 WITHOUT ACCOMMODATION  
**2100/-**  
per person

**SPORTS ACTIVITIES :**

Sr. No.	Game	Details	Host Team Coordinator
1.	Tennis Ball Cricket	8-8 over match will be played. Knock Out Rounds format will be played.	Rtn. Pratik Parekh 98791 05383
2.	Carrom	Singles and Doubles will be played. Knock Out Rounds format will be played.	Rtn. Bhavin Shah 98244 93134
3.	Chess Tournament	5 Round Swiss Tournament will be played. Time control 15+5. Chess board must be bought by the players.	Rtn. Dipesh Shah 98255 72703
4.	Table Tennis	Singles and Doubles will be played. Knock Out Rounds format will be played.	Rtn. Rishikesh Vibhandik 74051 41608
5.	Badminton	Singles and doubles will be played. Knock Out Rounds format will be played.	Rtn. Nishant Patel 90990 42311
6.	Lawn Tennis	Singles and doubles will be played. Knock Out Rounds format will be played.	Rtn. Dr. Mehul Solanki 99250 49270
7.	Box Cricket	It will be played in box. Team need to bring Bat only. 6 lady members team.	Rtn. Dr. Dhara Ashra 78740 77766
8.	Swimming open	2 laps competition will be there. Free style swimming competition.	Rtn. Mahesh Bhanushali 98241 43333
9.	Race	100 and 400 Mts Race will be there. Club can register maximum for this race.	Rtn. Sunil Jain 93758 10206

A player can take part in Cricket & maximum 2 sports events. For each sports event need to register on google form. We wish your kind support and cooperation for the same.

**Special Attraction: Saturday Night will be Music Masti at Daman.**

Rtn. Swati Shah  
President
Rtn. Hitesh Patel  
Event Chair
Rtn. Dharmin Shah  
Event Co-Chair
Rtn. Nirali Gajjar  
Hon. Secretary

## Greetings



03 Feb – Rtn. Jignesh Amin  
07 Feb – Rtn. Rupesh Jariwala  
13 Feb – Rtn. Babubhai Jariwala  
20 Feb – Rtn. Rajesh Bhatt  
27 Feb – Rtn. Mahesh Mali



01 Feb – Rtn. Purnima and Rtn. Dipak Gandhi  
02 Feb – Rtn. Alpa and Rtn. Nikhil Madrasi  
03 Feb – R/P. Vandana Desai and Rtn. Rajesh Desai  
04 Feb – R/P. Kamakshi and Rtn. Dilip Merchant  
05 Feb – Rtn. Bhishma and Rtn. Hitesh Jariwala  
06 Feb – R/P. Jignasa and Rtn. Ketan Patel  
08 Feb – R/P. Darshana and Viral Patel  
11 Feb – R/P. Beena and Hemant Thakkar  
15 Feb – R/P. Dr. Purna and Yatish Parekh  
16 Feb – R/P. Sonia and Manoj Gautam  
17 Feb – Rtn. Leena and R/P. Mitul Shah  
20 Feb – R/P. Rupal and Rtn. Kamal Bodawala  
20 Feb – R/P. Amisha and Rtn. Harshad Kinkhabwala  
29 Feb – R/P. Chandrben and Rtn. Dr. P.P. Mistry